



# **MINDSET AFFIRMATIONS**

**I AM NOT WHAT OTHERS SAY ABOUT ME**

**I WILL HEAL**

**I AM AN OVERCOMER**

**I AM STRONG**

**I AM WISE**

**I AM CONFIDENT**

**I HAVE A VOICE**

**I MATTER**

**I HAVE SELF CONTROL**

**DAY BY DAY I AM LEARNING**